

**Kilborn Naturopathic & Wellness Centre
Child Intake Form**

Child's name _____ Date of birth _____ Sex M F

Date _____ Referred by _____

Who is filling out this form (name and relation)? _____

Contacts (in order of preference)

Name _____ Phone _____ h

Address _____ w

_____ other

Relationship to child _____

Name _____ Phone _____ h

Address _____ w

_____ other

Relationship to child _____

Name _____ Phone _____ h

Address _____ w

_____ other

Relationship to child _____

Whom does the child live with? _____

Other health care providers

1. _____ 2. _____ 3. _____

(_____) _____ (_____) _____ (_____) _____

What are your child's health concerns, in order of importance:

1. _____

2. _____

3. _____

4. _____

5. _____

Medical history

How would you describe your child's general state of health? Excellent Good Fair Poor

Please indicate any serious conditions, illnesses or injuries, and any hospitalizations; along with approximate dates:

Which of the following has your child had? (n – never, m – mild, a – average, s – severe)

- | | | |
|----------------------------------|------------------------|------------------------|
| n m a s rubella (german measles) | n m a s roseola | n m a s impetigo |
| n m a s measles | n m a s scarlet fever | n m a s mononucleosis |
| n m a s chicken pox | n m a s whooping cough | n m a s ear infections |
| n m a s mumps | n m a s strep throat | |

Does your child have any allergies (medicines, environmental, etc.)?

Please list all current medications (prescription, over-the-counter, vitamins, herbs, homeopathics, etc.)

Please list past prescription medications.

How many times has your child been treated with antibiotics? _____

Please indicate what immunizations your child has had

- | | | |
|---|--|--------------------------------------|
| <input type="checkbox"/> DPT (diphtheria, pertussis, tetanus) | <input type="checkbox"/> Haemophilus influenza B | <input type="checkbox"/> Hepatitis B |
| <input type="checkbox"/> Tetanus booster; when? _____ | <input type="checkbox"/> "Flu" | <input type="checkbox"/> Hepatitis A |
| <input type="checkbox"/> MMR (measles, mumps, rubella) | <input type="checkbox"/> Polio | |
| Other _____ | | |

Please indicate if any caused adverse reactions

What screening tests has your child had (blood, hearing, vision, etc.) _____

Prenatal health

What was the health of the parents at conception?

Mother Poor Fair Good Excellent Unknown
 Father Poor Fair Good Excellent Unknown

What was the health of the mother during the pregnancy?

Poor Fair Good Excellent Unknown

What was the mother's age at child's birth? _____

How was the mother's diet during pregnancy?

Poor Fair Good Excellent Unknown

Did the mother receive prenatal medical care? Y N Unknown

Did the mother experience any of the following during the pregnancy:

- Bleeding High blood pressure Nausea Vomiting
 Diabetes Thyroid problems Physical or emotional trauma

Other _____

Did the mother use any of the following during the pregnancy?

- Tobacco Alcohol Recreational drugs: _____
 Prescription medications: _____
 Over-the-counter medications: _____
 Supplements: _____
 Other: _____

Birth history

Term length: Full Premature: _____ wks Late: _____ wks

Length of labour: _____ Weight at birth _____

Any complications? _____

Was the birth: Vaginal/C-section Induced Forceps Anesthesia used

Did the child experience any of the following at or shortly after birth?

- Jaundice Rashes Seizures Birth injuries _____
 Birth defects _____
 Other _____

Diet

How was your infant fed?

- Breast fed. How long? _____ Formula. Milk/Soy/Other: _____
 Other: _____

What foods were introduced before 6 months? (Please list approximate month as well.)

6-12 months?

Did your child ever experience colic? Y N How severe? mild moderate severe

Does your child have any food allergies or intolerances? Please list.

Does your child have any dietary restrictions (religious, vegetarian/vegan, etc.)?

Describe a typical day's diet

Breakfast _____

Lunch _____

Dinner _____

Snacks _____

Beverages (and total quantity) _____

Health and Development

How was your child's health in the first year? Poor Fair Good Excellent Unknown

At what age did your child first

Sit up _____ Crawl _____ Walk _____ Talk _____

Describe your child's sleep pattern _____

How would you describe your child's temperament? _____

How would you describe your child's behaviour and performance at school?

Family history

Indicate if a close relative (parent, sibling) has had any of the following

| | Who? | | Who? |
|--------------------|------|----------------|------|
| Allergies | | Diabetes | |
| Asthma | | Kidney disease | |
| Birth defects | | Other | |
| Juvenile arthritis | | | |

I don't know the family medical history

Do either of the parents have a chronic illness? Y N Please describe

Environment

Is the child in school daycare home care other _____

What are your child's favorite activities? _____

Does the child exercise regularly? Y N How much, how often?

How much television does your child watch? _____ hrs a day/week

How often does your child read (not for school), or How often does someone read to your child?

Daily Several times a week Weekly Less than weekly

Does anyone in the child's household smoke? Y N

Are there animals in the home? Y N

How is the child's home heated? _____

Do you know of any toxins or other hazards the child is regularly exposed to (home, other's work, hobbies, etc.)? Please describe.

How would you describe the emotional climate of the child's home?

Is there anything that you feel is important that has not been covered?
